

Middle Georgia Survivors of Suicide Support Group

Support is available for anyone who has lost a loved one to suicide. The Middle Georgia Survivors of Suicide (SOS) group meets the 2nd Wednesday at Coliseum Hospital at 6pm. For more information, please call Gaye at 478-468-8138 for more information.



The mission of the Middle Georgia Suicide Prevention Coalition is to raise awareness of the crisis of suicide, reduce stigma, and promote suicide prevention and people seeking help. We meet the 3rd Wednesday each month at noon in the Board Room of the River Edge Behavioral Health Center located at :

175 Emery Highway

Macon, Georgia 31217

If you would like more information about the Suicide Prevention Coalition, please call Miranda Nunez at 478-803-7758 or email at mnunez@river-edge.org

Middle Georgia Suicide Prevention Coalition Members

Alcoholics Anonymous
AmeriCorps Vista
Bibb County School District
Bibb County Coroner
Bibb County Court
Bibb County Department Family & Children Services
Bibb County Department of Juvenile Justice
Bibb County Sheriff Department
Bloomfield United Methodist Church
Boys and Girls Club
CEPTA
Coliseum Center for Behavioral Health
Communities in Schools
Community Partnership
Southern Crescent Behavioral Health System
Department of Behavioral Health and Developmental Disabilities
Dynamic Interventions, Inc.
Family Counseling Center of Central Georgia
Ingleside United Methodist Church
Joycliff United Methodist Church
Macon Police Department
Macon Regional Youth Development Center
Oconee Prevention Resource Center
River Edge Behavioral Health Center
Suicide Prevention Action Network, Georgia
The Medical Center of Central Georgia

MIDDLE GEORGIA SUICIDE PREVENTION COALITION



“RESTORING HOPE FOR LIFE IN THE
HEART OF GEORGIA”

175 Emery Highway
Macon, Georgia 31217

478-803-7757

478-803-8411

“RESTORING HOPE FOR LIFE IN THE HEART OF GEORGIA”

Suicide Facts of Georgia

- Suicide is the 9th leading cause of death in Georgia.
- Suicide is the 3rd largest cause of death for youth ages 10-24 years in Georgia.
- The death rate in Georgia is higher from suicide than from homicide.
- In 1999, the suicide rate for Georgia was 11.2%, compared to the national rate of 10.7%.
- In 2006, 34% of suicides had experienced a crisis within the previous two weeks.
- In 2006, in the Macon area, there were 36 deaths by suicide, 22 by homicide.
- Every year almost 1,000 Georgians of all ages die by suicide.

Risk Factors

- **Biological, Psychological and Social Risk Factors**
 - Previous Suicide Attempts
 - Mental disorders, mainly mood disorders
 - Alcohol and substance abuse disorder
 - Family History of Suicide
 - History of trauma and abuse
 - Hopelessness
- **Environmental Risk Factors**
 - Job or Financial loss
 - Relational and social loss
- **Socio-cultural Risk Factors**
 - Lack of social support and sense of isolation and loneliness.
 - Barriers to accessing health care (esp. mental health and substance abuse treatment)

Protective Factors

- Effective clinical care for mental, physical and substance abuse disorders
- Restricted access to highly lethal methods of suicide
- Strong connections to family and community support

Get Help

If you, or someone you know, is in suicidal crisis or emotional distress, help is available.

Call **1-800-273-TALK (8255)** or

Georgia's Crisis and Access Line at

1-800-715-4225 (GCAL)

TTY users, please use **1-800-799-4TTY (4889)**

Staff are available 24 hours a day, 7 days a week.

Service is free and confidential.

You will be helped by a trained crisis worker.

Information about mental health referrals in your area will be given if needed.

Red Nacional de Prevención del Suicidio

Cuando usted llama al número 1-888-628-9454, su llamada se dirige al centro de ayuda de nuestra red disponible más cercano. Cuando el centro contesta su llamada, usted estará hablando con una persona que le escuchará, le hará preguntas y hará todo lo que esté a su alcance para ayudarlo